

Using the 'pointing finger' to count

Counting to find 'how many' means using your fingers. This can be a big challenge for some children and initially the focus may be on just using this finger.

Activities to focus on pointing the index finger

1. Pop bubbles – try with both left and right. Help the child to fold down their other fingers to isolate the index finger
2. Sing rhymes like 'round and round the garden like a teddy bear' and encourage them to use their finger on your hand
3. Poke your finger into playdough
4. Pass round a Hi1 (replacing the usual Hi5)