



Down Syndrome Training & Support Service

Registered Charity Number 1130994.
Company registered in England and Wales
6915555

March 2023

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MARCH FAMILY SATURDAY SESSION

Our next Family gathering is on 11th March, 10am to 12pm at Bingley Methodist Church, (Herbert Street, BD16 4JS).

We will be celebrating Mother's Day. The children will be using their hands to print to create a keepsake card.



During the morning Jade from Sense will be joining us to talk about the services and support provided by Sense. Sense is a national disability charity that supports people with complex disabilities to be understood, connected and valued. Their flexible and personalised services empower people to communicate and express themselves – be it through speech or sign, touch or movement, gesture or sound, art or dance.

www.sense.org.uk

All welcome. Transport is available if required; just give our office a call.



In February we had a 'electrifying' time under the parachute.

LET'S CELEBRATE

IT'S THE MONTH OF MARCH; TIME TO RAISE AWARENESS AND FUNDS

We have launched a webpage to help promote awareness and raise funds this month. Follow the link to learn about:

- The launch of our Health Pathway
- The launch of our FREE training modules for midwives and health visitors
- School assemblies
- Doing 21 things to raise £21
- Free training on Down syndrome for all involved across education, health and social care (3rd May)
- Our Open Day on Wednesday 22nd March

Visit: [World Down Syndrome Events](http://WorldDownSyndromeEvents.com) | [Down Syndrome T&SS](http://DownSyndromeT&SS.com) (downsyndromebradford.com)

And spread the word now to all of your family, friends and colleagues.

OPEN DAY AT OUR CENTRE

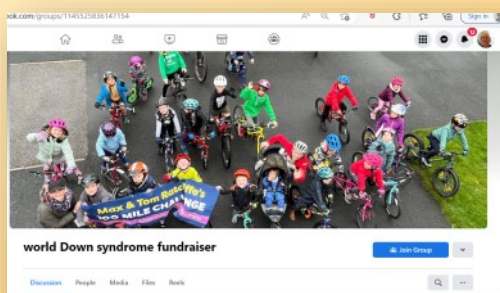
Wednesday 22nd March 10am to 2pm

Everyone is warmly invited to our open day on Wednesday 22nd March to help us to celebrate World Down Syndrome Day. Refreshments of tea, coffee, cakes, buns and scones will be served by our 'I can work' trainees. There will also be gift stalls and a tombola.

See page 7 for a poster to download to promote the event and page 8 for a poster to print off and display at your place of work/child's school to help raise awareness of children with Down syndrome.

PLEASE SHARE THIS NEWSLETTER WITH FRIENDS, FAMILY AND COLLEAGUES AND SPREAD THE WORD ABOUT OUR 21THINGS FOR £21 FUNDRAISER. THANK YOU.

21 Things for £21 - [World Down syndrome fundraiser Facebook](#) - Join our Facebook fundraiser here.



VOLUNTEERS NEEDED

We are currently short of volunteers to help with our monthly Saturday morning family sessions and our weekly youth club. We'd love to hear from you. Please contact the office for more details.

TRAINING AT OUR CENTRE

with Dr Wendy Uttley

- *Reading, Language Intervention for children with Down syndrome (March)*
- *Six week behaviour course for parents/carers WORKSHOP (March—April) POSTPONED*
- *Introduction to Down syndrome FREE (May)*
- *Transition evening WORKSHOP (May)*
- *ME, my body, my friends, my life - SRE and Down syndrome WORKSHOP (May)*
- *Teaching number skills beyond 10, time & money (June)*



FOR FULL DETAILS PLEASE VISIT OUR WEBSITE:

[Training | Down Syndrome Training and Support Service Ltd \(downsyndromebradford.com\)](https://www.downsyndromebradford.com)

During March Wendy will deliver a follow up toilet training session and the RLI - Reading Language Intervention programme over two Wednesday mornings. The six week behaviour course has been postponed until later in the year due to poor uptake. After Easter our Introduction to Down Syndrome course will be delivered for FREE on 3rd May and our sexuality relationships training sessions; ME: My Body, My Friends, My Life will be delivered over two full days.

Reading, Language Intervention for children with Down syndrome Wednesday 8th & 15th March 2023.

This training course is over 2 half days, 9.30am to 12.30pm.

The RLI programme, developed and produced by Down Syndrome Education International, provides a systematic structured approach via daily activities that can be finely adapted to each child. The training days will cover the theory behind the programme, how to assess a child to find a starting point, how to monitor and record progress and how to deliver the daily intervention with examples from, and reference to, the teacher's handbook and resources.

The RLI programme comprises of two strands of intervention; a reading strand and a language strand. The aim of the RLI programme is to:

- Improve spoken language and literacy skills of children with Down syndrome.
- Improve teaching practice and support educators.

We have for a long time known reading is a strength for children with Down syndrome but not all educators are aware of this or how to ensure the children reach their full reading potential.

- **COST:** £120 per professional (£40 for second person from same school)/£30 per family member for both days inclusive.
- *Excellent. I have already put some things into practice and can see it will make a huge difference to lots of our students*



ONLINE TRAINING WITH THE DOWN'S SYNDROME ASSOCIATION

- **DSActive Training** 6th March, 6.30 to 8pm. [The Down's Syndrome Association DSActive Training - evening session - Downs Syndrome Association \(downs-syndrome.org.uk\)](https://www.downsyndrome.org.uk) This FREE training session is for recreational activity and sports session providers and organisations, as well as those with a responsibility for provision within organisations such as schools and colleges.
- **WorkFit Online National Conference** on Tuesday 7 March 2pm-4pm. [WorkFit Online Event - Downs Syndrome Association \(downs-syndrome.org.uk\)](https://www.downsyndrome.org.uk) An opportunity to hear from candidates and employers about their experiences and celebrate lots of success
- **Early Feeding Webinar**, Thursday 9 March, 1.30 to 2.15pm [Early feeding webinar with Gwendolina Toner - Downs Syndrome Association \(downs-syndrome.org.uk\)](https://www.downsyndrome.org.uk) hosted by Advanced Clinical Specialist Speech & Language Therapist, Gwendolina Toner.
- **Preparing for adulthood**, 15th & 16th March 10am to 12pm [Preparing for Adulthood: Session One - Downs Syndrome Association \(downs-syndrome.org.uk\)](https://www.downsyndrome.org.uk) This two part training session covers a wide range of topics, from the Mental Capacity Act, relationships and sex, emotional well-being, finances, support and housing.
- **Early Communication Webinar**, Thursday 30 March, 1.30 to 2pm [Early communication webinar with Gwendolina Toner - Downs Syndrome Association \(downs-syndrome.org.uk\)](https://www.downsyndrome.org.uk) hosted by Advanced Clinical Specialist Speech & Language Therapist, Gwendolina Toner.
- **Tell it Right webinar**, on demand. [Tell it Right® Webinar for Maternity Services and Universities - Downs Syndrome Association \(downs-syndrome.org.uk\)](https://www.downsyndrome.org.uk) This webinar is for all student and health professionals working in foetal medicine, maternity and neonatal services; including midwives, neonatal nurses, sonographers and health visitors.
- **Dual Diagnosis of Down's syndrome and Autism Webinar**, Thursday 23 March, 10.30 to 11.45 am. [Dual Diagnosis Webinar - Downs Syndrome Association \(downs-syndrome.org.uk\)](https://www.downsyndrome.org.uk)
- **'Regression' in people with Down's syndrome Online Conference**, Tuesday 28 March, 12 to 4pm. ['Regression' in people who have Down's syndrome - Downs Syndrome Association \(downs-syndrome.org.uk\)](https://www.downsyndrome.org.uk)

Consultations, observations and assessments

Are available at an hourly rate, either online, in school or at our centre. Please visit [Consultations | Down Syndrome T&SS \(downsyndromebradford.com\)](https://www.downsyndromebradford.com) to book or for details.

TRAINING FOR MIDWIVES AND HEALTH VISITORS

improving practice, raising expectations

Over the last few months we have been busy finalising the details of our new publication for parents 'Down Syndrome and a Pathway Through Health' and recording bite size training modules aimed at midwives and health visitors.

There are 5 modules, each is 15 to 20 minutes long and delivered by Wendy Uttley. The Powerpoint and any additional handouts from each module are included with the download. The modules are :

- [Meet a baby with Down syndrome and their parents. Ideas to help support parents](#)
- [What is Down syndrome? Society's view, expectations and using appropriate language](#)
- [Additional health and medical needs that may be present when a baby has Down syndrome](#)
- [Methods to help support a baby/infant with Down syndrome as they develop](#)
- [Meet an adult with Down syndrome](#)

THESE MODULES ARE FREE TO DOWNLOAD FROM OUR [WEBSITE](#) NOW

The pathway book is being distributed to local hospitals and will be placed in all future new parent packs. It is written in parent friendly language and details what to expect from prebirth to adulthood following a diagnosis of Down syndrome. Thank you to Claire Fisher who composed the original draft in 2015. For more details or to acquire a booklet please contact our office.



SIBZ ZONE

ZOOM SESSION

Our March Sibz Zone will be online on Thursday 16th March at 6pm with Elanor Murray.

A registration form is now available online.

Please can all members complete this by following the link below or the QR code. https://form.jotform.com/wendy_uttley/sibz-zone-registration-form



EVALUATION

We would like your feedback on these sessions. Please use the link or QR code below to tell us thoughts and experiences. Thank you https://form.jotform.com/wendy_uttley/sibz-zone-feedback-form

GOODBYE TO KIM

Last month we said a sad goodbye to Kimberley Booth who has been working as our Office Assistant since 2008; an amazing 15 years. Kim is now busy working at Specsavers and in a café twice each week. She also supports the delivery of dance21 sessions. We will miss her and wish her all the best.



I CAN WORK PROJECT

In the summer term we are hoping to recruit a new candidate for our 'I Can Work' scheme. The scheme is open to any young adult aged 18+ and will involve gaining work experience at our centre one day each week, fully supported by Ruth Beers. All candidates must apply and take part in an initial assessment. For more details please visit our [website](#) or contact the office.

FREE ONE TO ONE COUNSELLING SESSIONS AVAILABLE ONLINE WITH OUR COUNSELLOR TARA FOX

Are you in need of some counselling? We currently have some funding for one to one sessions with our highly experienced counsellor Tara Fox. Please email the [office](#) or ring 01274 561308 for more details or to book.



Temperature Regulation in People with Down Syndrome

[Temperature Regulation in People with Down Syndrome | Adult Down Syndrome Centre \(advocatehealth.com\)](https://advocatehealth.com/temperature-regulation-in-people-with-down-syndrome-adult-down-syndrome-centre)

Interesting article with the following implications:

- Fever may not be a reliable measure of infection in some people with Down syndrome. Some individuals seem not to get a fever when they have an infection.
- When the outside or room temperature is high, people with Down syndrome may not be able to cool down in the typical fashion; i.e. sweat. They may need to drink more cool water, take more breaks, or move to a cooler place. In a warm room, an elevated body temperature may not be a fever but may be related to a reduced ability to cool off.
- Some people with Down syndrome may be more susceptible to cold temperatures. They may need to dress more warmly or move to a warmer place sooner than someone else.

WISH CLUB

MARCH EVENTS

- 3rd March - crafts to help celebrate Women's history month
- 10th March - more crafts for Mother's day
- 17th March - St Patricks Day celebrations - wear something green!
- 24th March - World Down Syndrome Day celebrations
- 31st March - Learning about Ramadan / making stained glass lanterns and trying traditional desserts

The club runs every Friday, 6 to 8pm, for young people aged 11 to 13 years and 6pm to 10pm for teenagers upwards.

It's full of amazing equipment: HiFi, pool table, X box, TV, DVD player, exercise bikes, karaoke, football table, chill out area with bean bags and comfy couches, air hockey table and large Connect 4.

Young people are welcome to bring along a friend or sibling age 11+ to the club. We charge £2 subs every week and also run a tuck shop so please ensure your young person has a little cash on them. It all helps towards developing money skills. Thank you.



Bowling during half term

The group had a wonderful time bowling during half term.

SPEECH & LANGUAGE

GROUP SESSION

from age 5 to adulthood



places available

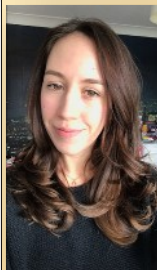
EVALUATION TIME

Please can you follow the link below or use the QR code to give feedback on our speech & language group sessions. We need to know if your child/young person is benefitting, if you are benefitting and any comments on arrangements. Thank you.

https://form.jotform.com/wendy_uttley/speech--language-questionnaire-spri



MARCH SESSIONS



JESSICA FOLEY: All groups will run Saturday 4th March at the centre. This month the adult group will be practising ordering Tapas in preparation for going out and putting skills into real life in April.



LAUREN DRAKE: Sunday 19th March at the centre

Funded by Baily Thomas and Birkdale Trust for Hearing Impaired.

PLEASE MAKE EVERY EFFORT TO ATTEND YOUR GROUP SESSION. IF YOU ARE UNABLE TO ATTEND PLEASE LET US KNOW ASAP.

If you are not currently involved in these groups and would like a place please contact the office. Thank you.

RAFFLE AND TOMBOLA PRIZES NEEDED

EARLY DEVELOPMENT

GROUPS

EVALUATION TIME

It is time to gather feedback on our early intervention. Please can you spare a few minutes to complete the questionnaire by following the link



below or the QR code. Thank you https://form.jotform.com/wendy_uttley/early-development-group-evaluation



ORANGE GROUP (Year 1) This is our youngest group for infants aged 12 to 24 months. It will run Mondays 6th & 20th March, 10am to 12pm with Laura Hempel. It will then break for Easter. The second hour of the session will be open to any younger babies when there will be the opportunity to chat about a relevant topic, for example, hearing, feeding, eyesight, benefits, etc, share experiences and finish with some singing and signing to the magic bag.

YELLOW GROUP (Year 2) This is one of two year 2 groups for children aged 2 to 3 years old. It will run Tuesdays 7th & 21st March, 10am to 12pm with Wendy Uttley. The group will then break for Easter.

RED GROUP (Year 2). This is the second year 2 group for children aged 2 to 3 years old. It will run Fridays 10th & 24th March, 10am to 12pm, with Izzi Ashman. The group will then break for Easter.

GREEN GROUP (Year 3) This group is for 3 to 4 year olds and will run Tuesdays 7th & 21st March, 10 am to 12pm, with Laura Hempel. The group will then break for Easter.

PURPLE GROUP (Year 4) This group is for 4 to 5 year olds and will run Tuesdays 14th & 28th March, 10am to 12pm with Laura Hempel. School staff are encouraged to attend rather than parents if the children have started school. The group will then break for Easter.

YEAR 5 GROUPS

Our year 5 groups run monthly rather than fortnightly. The children in these groups have started school and we encourage school staff, rather than parents, to support the children in the room to enable us to share best practice. Resources will be produced each month to take home/school and practice a certain topic and set of speech sounds. In addition each child will have been offered a place in our monthly speech & language groups with either Lauren or Jessica. Both groups are FULL.

GREY GROUP (Year 5) for children aged 5 to 6 with Laura Hempel, Wednesday 15th March, 10am to 12pm. In March the focus will be learning about the coins 2p and 5p and using them in a shopping game. The speech sounds st and sn will be introduced and the number 12.

BLUE GROUP (Year 5) this is our second year 5 group with Laura Hempel, Thursday 16th March, 10am to 12pm. The topic will be as above.

ONE TO ONE SESSIONS

Specific one to one sessions for children who need additional and more detailed support are delivered Thursdays with Wendy Uttley and Wednesdays with Izzi Ashman

ASSESSMENTS

In addition, for a fee, we now undertake an assessment and produce a written report should a school or parent request one.

Private Facebook page <https://www.facebook.com/groups/>



TWIRLY21s

This is our youngest dance group for children aged 5 to around 12 years of age.

As children leave our early development groups, aged around 5 to 6, parents can often feel the loss of their regular contact and the opportunity to share experiences and offer mutual support. The class meets weekly and while the children are dancing parents can regain this opportunity over a cup of tea/coffee.

Classes are delivered by Claire King who has a wealth of experience of working with young children who have Down syndrome. She has been delivering sessions for us since 2010.

Classes run weekly on a Saturday at Footsteps Theatre School, Idle, BD10 8PY, 2.30 to 3.30pm.

Dancers are asked to pay £2 on entry to practice their money skills.

DANCE21

Our older dance group is for young people aged 12+.

Classes are delivered by Claire King, alongside Kim Booth, one of our most experienced dance21 members.

The sessions run weekly on a Thursday evening 6 to 7pm at Footsteps Theatre School, Idle, BD10 8PY.

The group are working on a number of routines with the aim of



performing at external events to promote awareness of Down syndrome and our charity. Dancers are asked to pay £3.50 on entry to practice their money skills.



WENDY SCAIFE INDEPENDENT OCCUPATIONAL THERAPIST

27th March, 9.30, 10.30, 11.30am & 1pm

Wendy Scaife, independent occupational therapist, visits our centre once a month to offer advice, assessments and programmes of activities to help in developing fine and gross motor skills and address sensory issues experienced by many of our children. Appointments are 45 minutes long and cost £10 (by donation). Please contact the Office to book; four places are available each month. For more details please visit: [Support activities | Down Syndrome Training and Support Service Ltd \(downsyndromebradford.com\)](https://www.downsyndromebradford.com)

Funded by the National Lottery.



Dads Group

The next get together is Saturday 4th March from 7.30pm at the SALT (Tramshed), Saltaire.

Please contact Johnny Ratcliffe via WhatsApp on 07894159932.

The dads group is steadily growing and it is great for dads to have time and space to chat and share their experiences; knowing you are not alone is very important when raising a little one with Down syndrome. Everyone welcome - new, old(ish) and of course expecting dads!

News and articles from elsewhere - support

PARENTS FORUM FOR BRADFORD & AIRES DALE

NEWSLETTER: [February 2023 newsletter](#)
(pfba.org.uk)

EHCP WORKSHOPS IN MARCH.

Two EHCP workshops are planned for March; Tuesday 14th and Thursday 23rd March at Carlisle Business Centre, Bradford, BD8 8BD, 10.30 am to 1.30 pm. For more information or to book a place: email supportnews@pfba.org.uk.



BRADFORD SEND NEWSLETTER

Follow the link to download the newsletter:

[Your February SEND Newsletter \(govdelivery.com\)](#)

Articles include:

- News on school transitions and what to do if you have not been allocated the school of your preference
- News on the increase in SEND officers to tackling the increasing number of EHCP requests (a 34% year on year increase since 2020)
- News on the school nursing special needs team and how to contact them by phone (01274 221203) or through social media
- Preparation For Adulthood (PFA) Zoom meetings for parent/carers who have a child or young person in year 9 or above. The next one is Wed 29 March, 7.15pm. With others to follow in April, May and June.

Kidz to Adultz full day event

Thursday 16th March 2023, Exhibition Hall, Coventry Building Society Arena, 9.30am – 4.30pm

The day will include an interesting seminar about **EHCP and transition** with Gurvinder Kaur, a solicitor specialising in public law & education, with 14 years of experience representing parents, children and young people in all areas of education law. The talk will include:

- Statutory timescales for these decisions to be made.
- The legal basis for placements proposed by local authorities.
- Considerations for families on whether to challenge local authorities refusal or parental placement.
- Practical pointers on a tribunal appeal.
- Legal position on phase transfer placements.
- Practical considerations for children and young people/families on how to approach phase transfer placements and options on dealing with unfavourable decisions

Find out more and register for free: [Kidz to Adultz Middle - Free Event Organised by Disabled Living \(kidzexhibitions.co.uk\)](#)

MIND THE GAP - RECRUITMENT OPEN

Mind The Gap are now inviting people to apply for their courses; deadline 31st March. Their open day is 8th March when you can see their courses in action and how the Academy runs. If you would like more information about this or to book a place, please email academy@mind-the-gap.org.uk or contact the office on 01274 487390.

CARERS RESOURCE

New website: carersresource.org

Newsletter: [Carers' Resource Choices Newsletter March 2023](#)

(carersresource.org)

With news on young carers action day, Wednesday 15th March, and the many district wide drop in centres offering coffee mornings, craft mornings, support and much more. The Lounge in Bingley provides such a session every Wednesday 10.30 til 12pm.



MIXED ABILITY CYCLING

Bradford Disability Sports & Leisure are back cycling every Saturday in Lister Park, Manningham, Bradford, 11am to 12.30pm. COST £3. Prior to first session there is a form to complete:

[BDSL Mixed Ability Cycling Sign-Up Form \(office.com\)](#). This can be done on the day.



Training courses for parents and professionals in SEN law, EHCP and much more...

[Upcoming training events for parents and carers | \(IPSEA\) Independent Provider of Special Education Advice](#)

A fun and relaxed triathlon event for participants with a disability

The Yorkshire Ability Triathlon will take place in Sunday 21st May at Leeds Beckett. The event is a relaxed event based around swimming, cycling and running for children and young people (under 17s) with disabilities – with alternative activities available for those unable to take part in any of the three disciplines. There's no specific distance or time, the goal is to have fun and go as far or as fast as you would like to. Team GB Olympic medalists Alistair and Johnny Brownlee will be awarding the medals!

VISIT: <https://www.marauder.co.uk/event/yorkshire-ability-triathlon/>

LEARNING HOLIDAY, KEIGHLEY PEOPLE FIRST

6th to 10th March (and also 19th to 23rd June and 25th to 29th Sept).

Based at Beamsley, near Skipton this is a 5 day holiday aimed at gaining an understanding of how to lead a healthier lifestyle - it includes cooking, exercise and how to take care of your body. Facilitated by trained and experienced staff. Contact 01535 607222 for more details.



RIDING FOR THE DISABLED

Otley and Dales Riding for the Disabled have contacted us to say they would welcome young riders from age 3 upwards. Sessions take place at Hopewell Equestrian on Carlton Lane, Guiseley, LS20 9 NW. They have a quiet little pony who they use for small riders, helpers are trained and have DBS clearance. There is another Riding for the Disabled group riding in Bingley.

[St. Ives \(Bingley\) Riding for the Disabled \(stives-bingley-ridingforthedisabled.co.uk\)](#)

[Home - Otley And Dales Riding For The Disabled Association \(otleyanddalesrda.co.uk\)](#)

YORK DOWN SYNDROME SUPPORT GROUP CELEBRATIONS

YDSSG are inviting everyone to their celebratory day on 18th March, (from 2pm younger children, from 5pm older children/young adults) when they will be hosting two Sing-a-long parties with Singtasia at Sand Hutton Village Hall, YO41 1LL.

For tickets email: contact@ydssg.org



fundraising news

A BIG THANK YOU TO EVERYONE WHO RAISED AND DONATED FUNDS DURING FEBRUARY

Total raised February £3382.30, total to date 2023, £6782.16.
Monthly target £5800, yearly target £70 000.

Rachael Lawson, £100 Facebook birthday fundraiser
Wendy Rhodes, £155 Facebook birthday fundraiser
Facebook donate button, £155
N Tomson, £10
P&M Kennedy, £50
Amazon Smile, £79.79
Mr & Mrs Curd, £20
Buttershaw St Paul's Amateur Operatic Drama Society, £314.63
Alison Bailey, collection tin, 155.04
Sue & Bentley Grange Farmshop, £12.84
Guisley Jazz Band, £150
Louise Lawrence, £100

REGULAR MONTHLY DONORS

John Cain, £25
G Sweaney, £5
Peter Todd, £25
Mrs P Fletcher, £15
G Martill, £10

GRANTS

- The Ruth & Lionel Jacobson Trust, £1000 towards Down Syndrome Learning Support Packs
- Happy Days, £1000 towards our summer trip to Bridlington

DONATION OF GOODS

Thank you to Alison Bailey, Helen Gibbon, Lucy Dix, Farah Usaf and Adai Tang for their donation of items for our gifts and tombola stalls.



REQUEST A COLLECTING TIN

We have lots of collecting tins available at the centre. We would love your help in finding places willing to take one; maybe a local shop or your place of work?

If you are interested please contact us, thank you, Harry

Total raised in
2023
£6782.16

21ST MARCH, RAISING AWARENESS AND RAISING FUNDS CAN YOU PLEASE HELP US BY DOING 21 THINGS?

We are asking for people to do 21 things to raise £21, for example, selling 21 buns, walking 21 miles, doing 21 press-ups a day for 21 days, learning 21 new signs. Spread the word; would your child's school be interested?

Join our Facebook fundraiser using the QR code or link below and let us know what you're up to. ([2](#)) [world Down syndrome fundraiser | Facebook](#)



VISIT OUR WORLD DOWN SYNDROME DAY WEBSITE PAGE AND LEARN ABOUT WHAT WE ARE UP TO THIS MONTH TO RAISE AWARENESS AND FUNDS: [World Down Syndrome Events | Down Syndrome T&SS \(downsyndromebradford.com\)](#)

VISIT ALADDIN'S CAVE OUR ONLINE (& POP-UP) CHARITY SHOP NOW LIVE

Thank you to Claire Harwood for resurrecting Aladdin's Cave. Preloved items for sale at our pop up and online charity shop with all proceeds going to us. Visit: <https://www.facebook.com/profile.php?id=100087542357302>

EASTER RAFFLE

https://form.jotform.com/wendy_uttley/easter-raffle-ticket-form

Our Easter raffle is now live. Tickets are £1 each and can be bought by following the link above, the QR code or by contacting our office. The draw will take place at our Easter family Saturday session on 15th April.

- 1st PRIZE - large Easter egg
2nd PRIZE - another large Easter egg
3rd PRIZE - a snuggly Easter bunny



KEEP UP TO DATE WITH EVENTS ON SOCIAL MEDIA

PUBLIC FACEBOOK PAGE <https://www.facebook.com/DownsyndromeTSS/> For more general and formal information.

CLOSED FACEBOOK GROUP Our closed Facebook group provides information on day to day activities <https://www.facebook.com/groups/DSTSS/>

TWITTER <https://twitter.com/DownsyndromeTSS>

INSTAGRAM <https://www.instagram.com/downsyndrometss/>

CONTACT Wendy Uttley or Heidi Shepherd

Website: www.downsyndromebradford.com

The Pamela Sunter Centre, Down Syndrome Training & Support Service Ltd,

2 Whitley Street, Bingley, Bradford, BD16 4JH
Tel 01274 561308

Mobile 07816465845 /07512346717

office@downsyndromebradford.co.uk



**Down Syndrome
Training & Support
Service Ltd**

Registered Charity No: 1130994,
Company number 6915555

OPEN DAY

Wednesday 22nd March 2023

Refreshments and stalls will be served by our 'I can work' trainees.

Help us to celebrate World Down syndrome day and raise awareness



**Help us
raise funds
for children
and young
people with
Down
syndrome**



Join us at the Pamela Sunter Centre, 2 Whitley Street, Bingley for cakes, buns, scones, teas and coffees, tombola, hand made crafts and gifts, quality second hand toys, books and much more...

Open from 10am til 2pm



JUST KIDS

be included
be seen
be educated

who happen to have
Down syndrome



Become a member today



**Down Syndrome
Training & Support
Service Ltd**

Registered charity number 1130994
Company number 6915555



Group Coordinator & Trainer:

Dr Wendy Uttley,
The Pamela Sunter Centre,
2 Whitley Street, Bingley,
Bradford, BD16 4JH
Tel 01274 561308

Email office@downsyndromebradford.co.uk

Web: www.downsyndromebradford.com