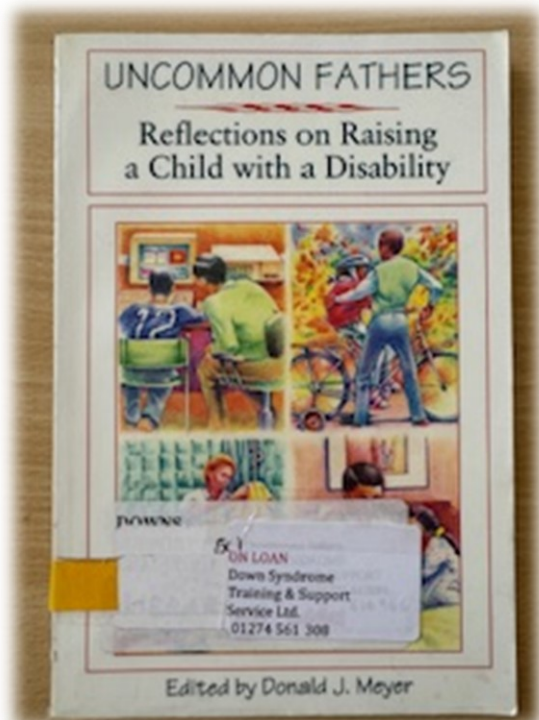


Experiences of People with Down Syndrome and Their Families (EX)



Down Syndrome and Training Support Service Ltd
Education Inclusion Development
Registered Charity 1130994
Company registered in England and Wales 6915555

Experiences of People with Down Syndrome and Their Families



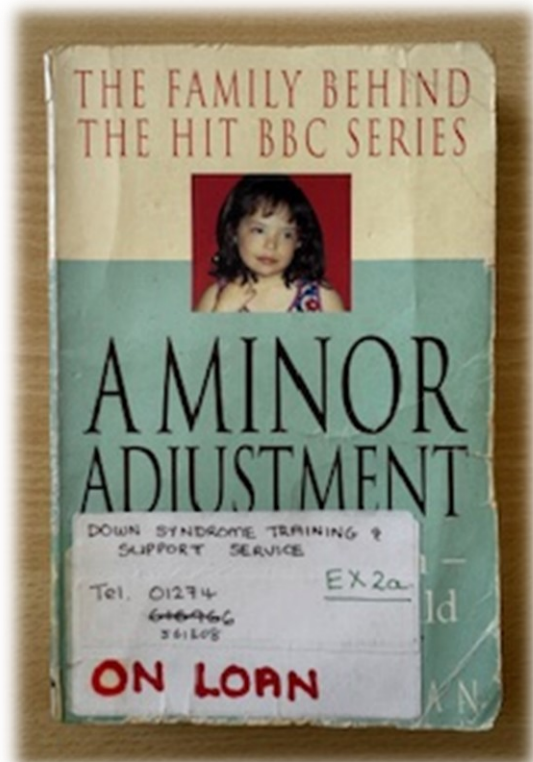
EX1: Uncommon Fathers

Book

Author: Donald J Meyer

ISBN 0-9331439-68-9

This is a book written by fathers for fathers. Nineteen fathers tell of their experiences of having a child with special needs. The stories cover a range of disabilities including Down Syndrome and represent a perspective which is seldom covered.



EX2: A Minor Adjustment

Book

Author: Andy Merriman

ISBN 0-330-36748-X

This book was written by a father about his experiences raising Sarah, a little girl with Down Syndrome. This book was the basis of a radio 4 series, in which Sarah played a character based on herself. The book gives accounts from Sarah's mother, grandparents and auntie and offers a more down to earth account of raising a child with a disability.



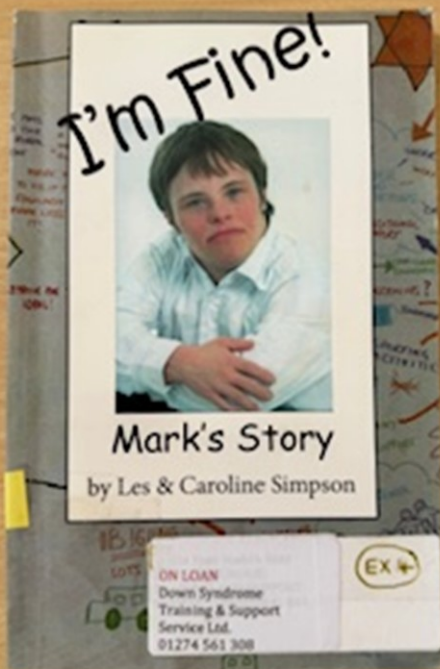
EX3: Delicate Threads

Book

Author: Debbie Staub

ISBN 0-933149-90-5

A book based on research about friendships between children with and without special needs. Thoughtful and sensitive.



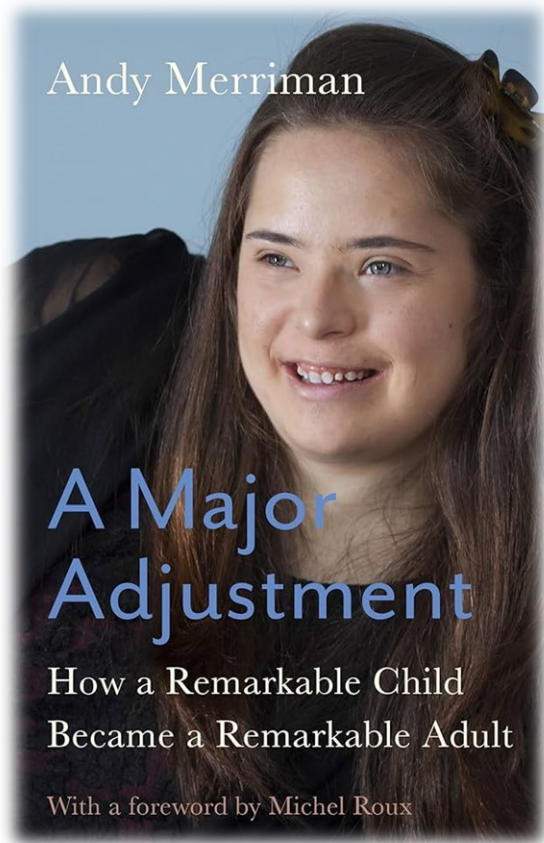
EX4: I'm Fine, Mark's Story

Book

Author: Les and Caroline Simpson

ISBN 978-0-9562965-04

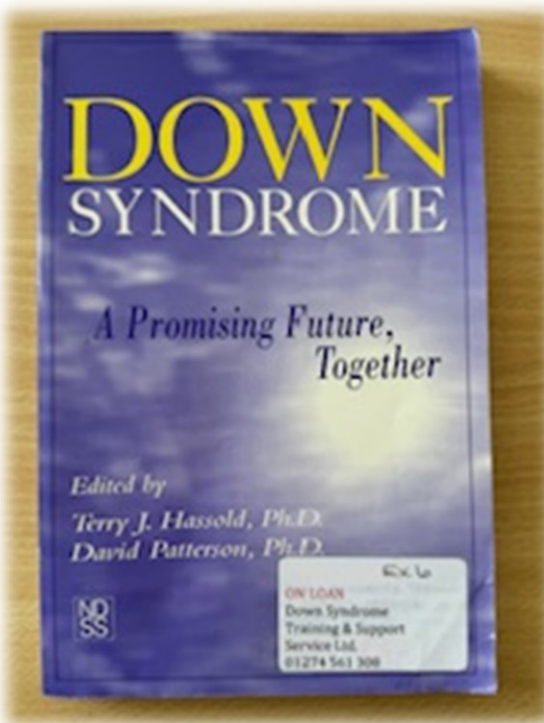
Les and Carolina are the parents of Mark, born 1986, who has Down Syndrome and Autism Spectrum Condition. The book follows the life of Mark from birth up to the present day; their struggles, fears, hopes and expectations. Readers may find some of the language unprofessional but otherwise a very moving account of life with Mark.



EX5: A Major Adjustment

Author: Andy Merriman

ISBN 978-0-9562965-04



EX6: Down Syndrome - A Promising Future, Together

Book

Author: Terry J Hassold, Ph.D. and David Patterson, Ph.D

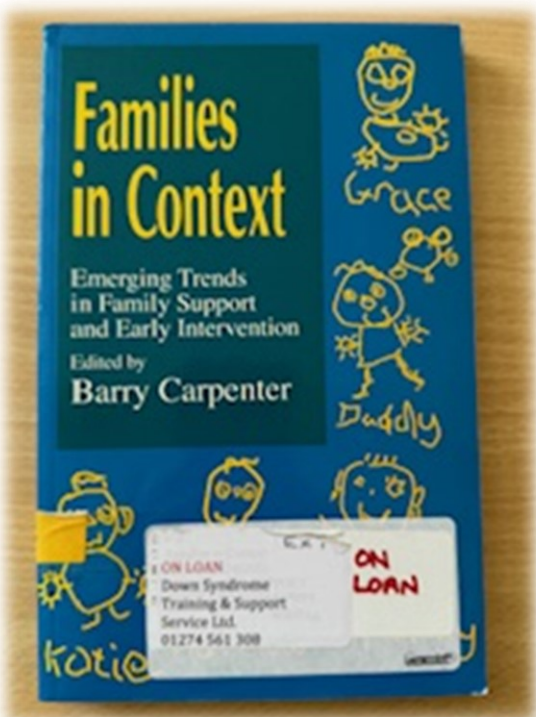
Designed to meet the needs of the parents and professionals alike, filled with practical advice from leading practitioners and advocates in the field, this book looks at:

- Step by step advocacy skills
- Health and clinical care
- Genetics
- Psychological issues such as behaviour

problems and SRE

- Communication, language, and literacy

- Inclusive education
- Transition into adulthood and the role of the family

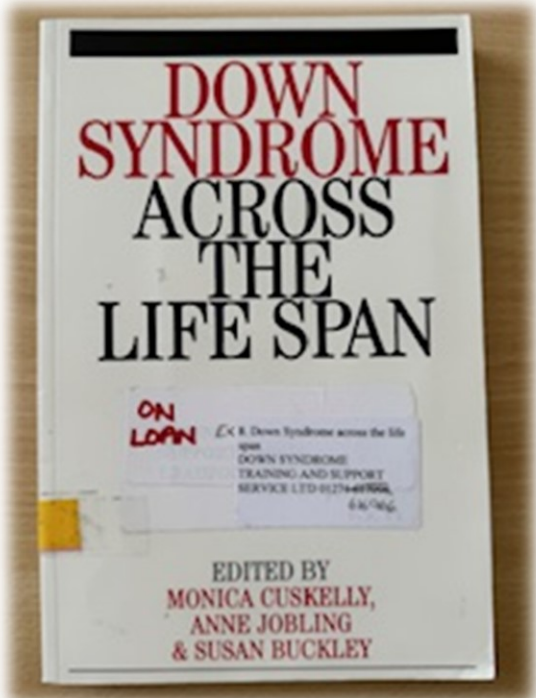


EX7: Families in Context

Book

ISBN 1-85346-489-9

Emerging trends in family support and early intervention. A book aimed at professionals working with families who have children with special educational needs and disabilities. Looks at early intervention with the family at the heart of the practice.



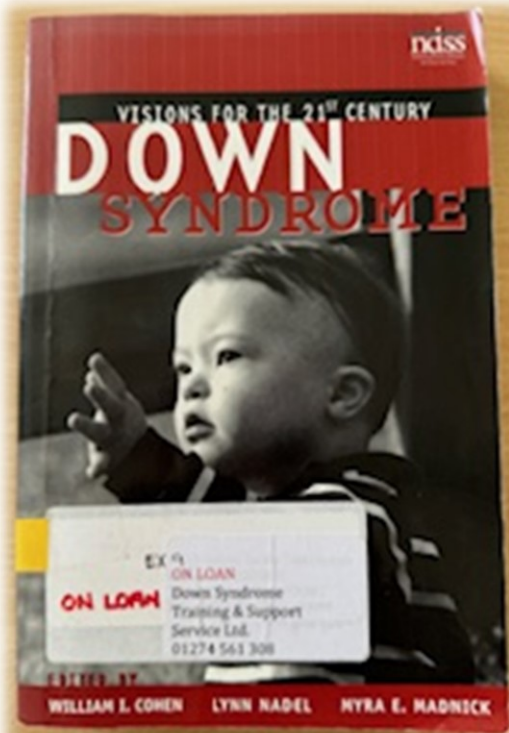
EX8: Down Syndrome - Across the Lifespan

Book

Author: M Cuskelly, A Jobling, S Buckley

ISBN 1-86156-230-6

This book promotes a positive message for people with Down Syndrome across the world. Bringing the latest information on research and good practice to families, practitioners, and policy makers in order to improve the services available.



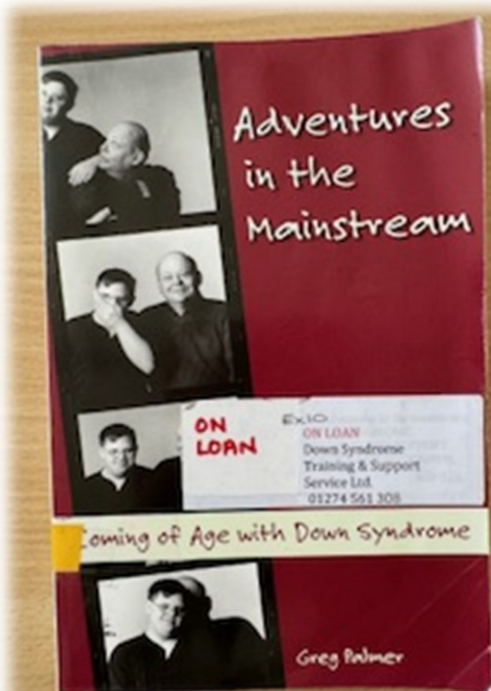
EX9: Down Syndrome - Visions for the 21st Century

Book

Author: W Cohen, L Nadel, M E Madrick

ISBN 978-0471418153

An enlightening book providing comprehensive and up to date treatment of issues, such as - health and clinical care, family life, psychosocial issues, self-determination, education and inclusion, self-advocacy, and recent research developments.



EX10: Adventures in the Mainstream-Coming of Age with Down Syndrome

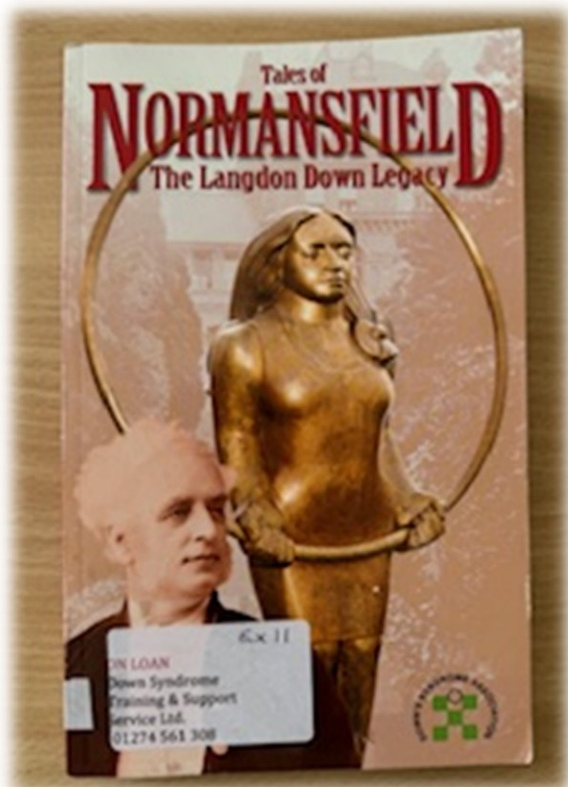
Book

Author: Greg Palmer

ISBN 1890627305

Greg is Ned's dad and for his 21st birthday they have set off on a cruise around the British Isles. Ned is crossing the border from the "cute kid" to "difficult adult" and his dad shares the pleasures, fear, challenge and above all his love and pride as Ned joins the big, wild mainstream world of

money, strangers, and responsibility. Worth a read by all parents.



EX11: Tales of Normansfield - The Langdon Down Legacy

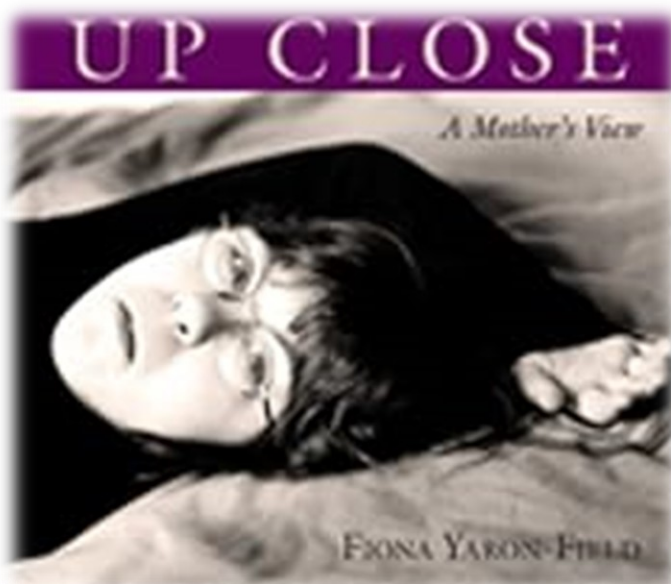
Book

Author: Andy Merriman

ISBN 0-9555228-0-3

This book charts the history of the hospital founded by Langdon Down in 1868. The book contains personal accounts by patients, letters from parents and relatives, photographs, and interviews with staff members. The language used to describe people with Down Syndrome at the time may be very insulting to parents but serves as a reminder as to how far we have come on our journey of acceptance, inclusion, and

education for people with learning disabilities.



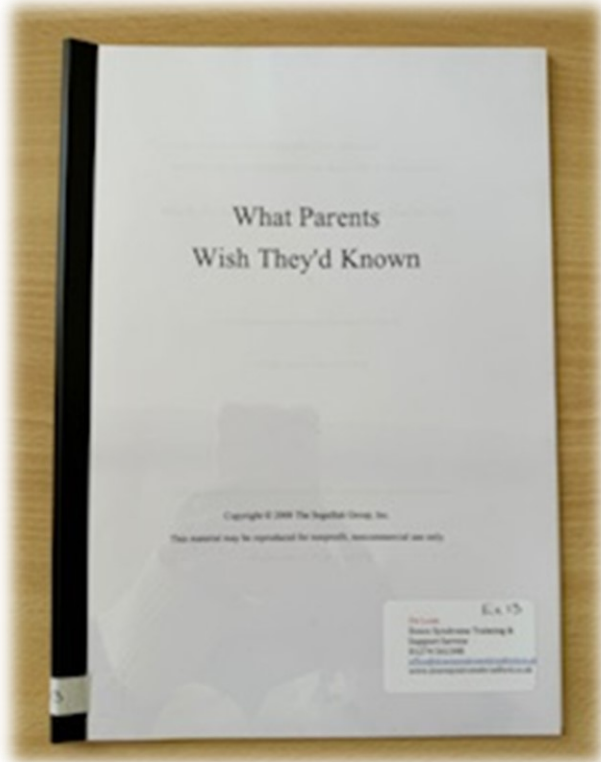
EX12: Up Close, a Mother's View

Book

Author: Fiona Yaron-Field

ISBN 978-1593730673

A book of photos taken over the first 12 years of her daughter's life with thoughtful, meditative text conveying Fiona's feelings towards her daughter who has Down Syndrome.



EX13: What Parents Wish They'd Known - Reflections on Parenting a Child with Down Syndrome

This booklet offers glimpses of understanding to individuals beginning their journey in parenting a child with Down Syndrome. The glimpses, often encouraging and refreshing, are given by other parents who have been journeying for some time.

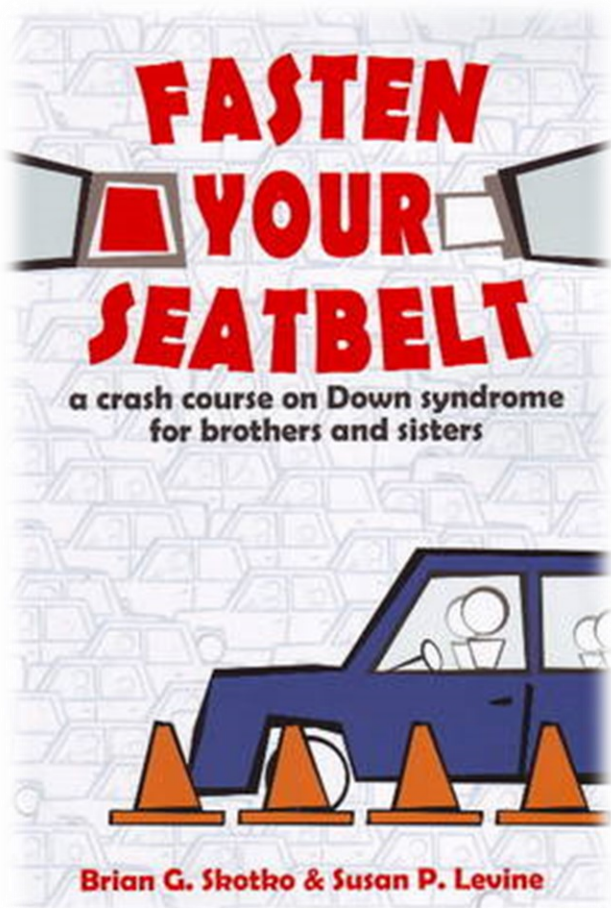


EX14: Shifting Perspectives

Book

ISBN 978-0-9552843-7-3

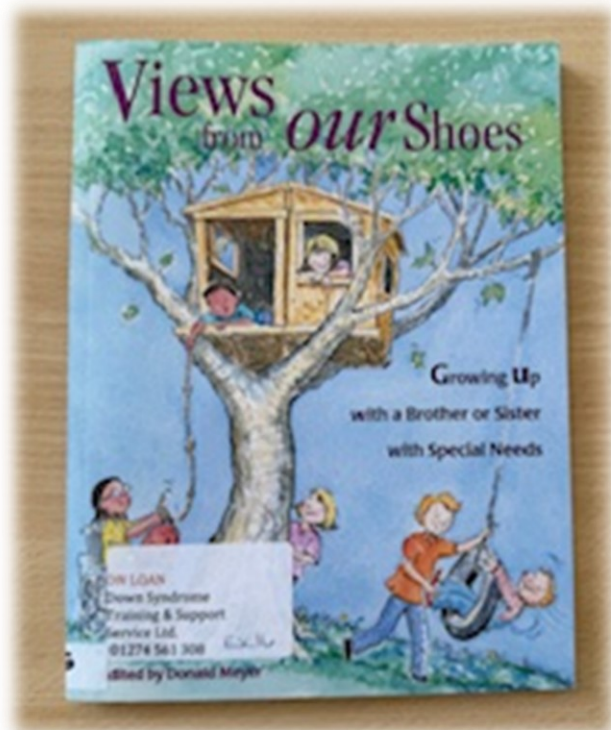
A lovely book of photos of children with Down Syndrome produced by Richard Bailey. The display has toured the UK.



EX15: Fasten Your Seatbelt

Author: B.G. Skotko & S.P. Levine

ISBN 978-1-890627-86-7

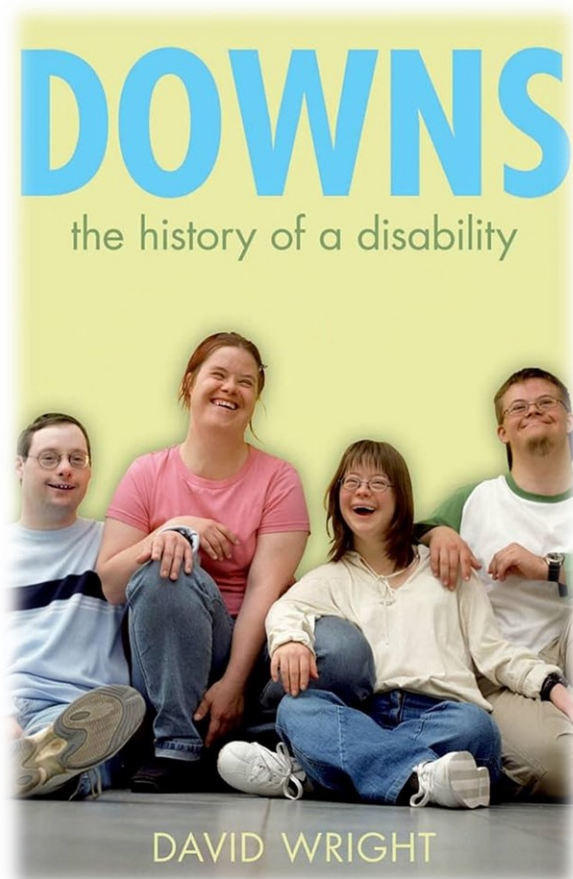


EX16: Views From our Shoes

Author: Donald Meyer

ISBN 0-933149-98-0

Siblings share their experiences as brothers and sisters of someone with a disability with essays written by kids aged 4 to 18.

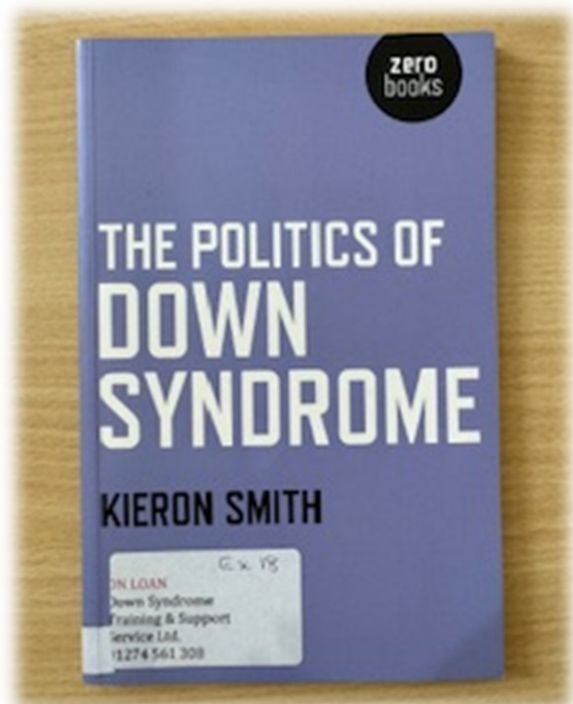


EX17: Downs the History of Disability

Author: Davis Wright

ISBN 978-0-19-956793-5

Professor Davis Wright a professor of Medicine looks at the care and treatment offered to people with Down Syndrome from medieval times to the present day.



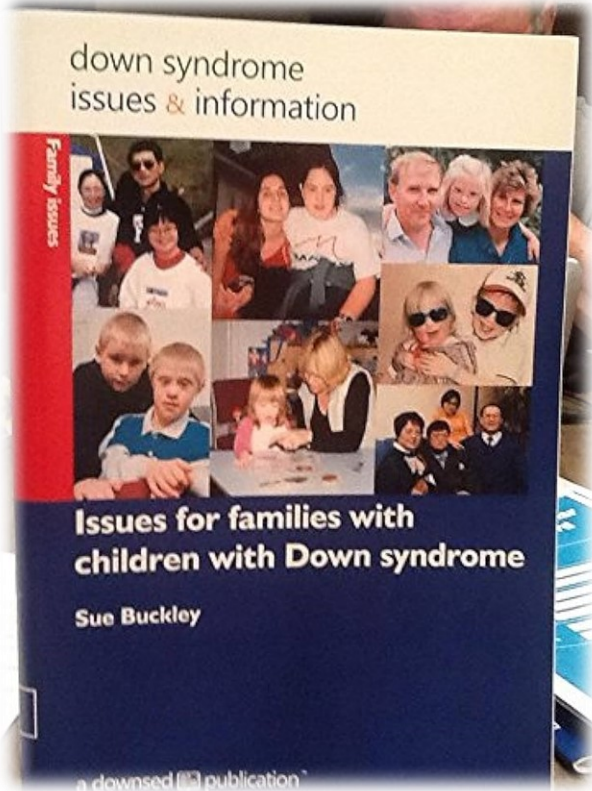
EX18: The Politics of Down Syndrome

Author: Kieron Smit

ISBN 978-1-84694-613-4

Are we more accepting society than ever before? Is there no longer them and us division between the disabled and everybody else? The Politics of Down Syndrome looks at how we got to where we are today, from the racist roots of its identification to the rising number of abortions today. Down Syndrome is the most common syndrome in the world, shared by all classes and races, yet it is

one we rarely address our feelings about, head on. This book although direct and questioning, takes a positive view about where we go from here and the opportunity for society to fully enjoy the benefits of being inclusive.

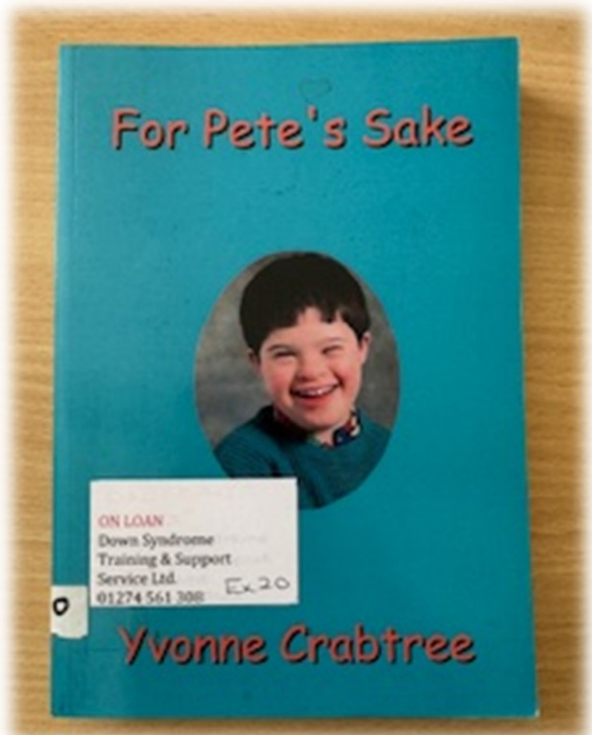


EX19: Dsii Issues for Families with Children with Down Syndrome

Author: Sue Buckley

ISBN 1-903806-26-7

Provides information and guidance to families to support them in bringing up a child with Down Syndrome.

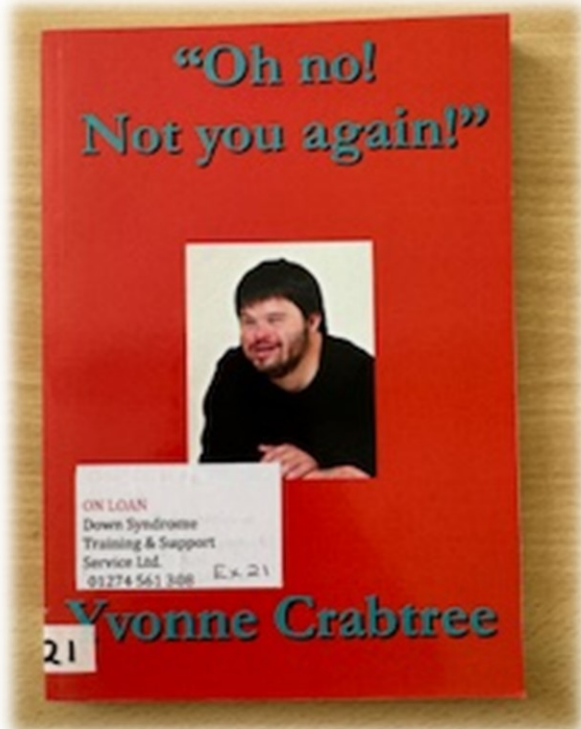


EX20: For Pete's Sake

Author: Yvonne Crabtree

ISBN 978095534187-8

Written by a mum of a young man with Down Syndrome, relating the story of his life from birth to moving into sheltered accommodation.

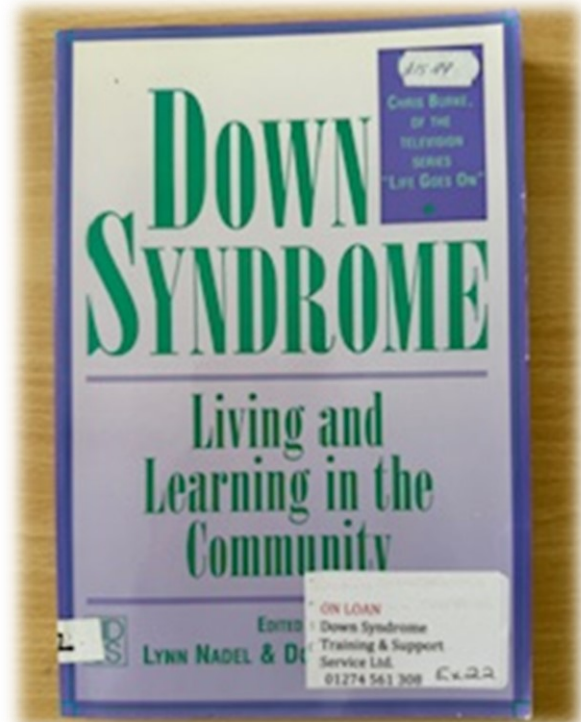


EX21: "Oh No! Not You Again!"

Author: Yvonne Crabtree

ISBN 978095534189-2

Continuing the story of Pete's life, now negotiating his way through his twenties taking us up to his 30th

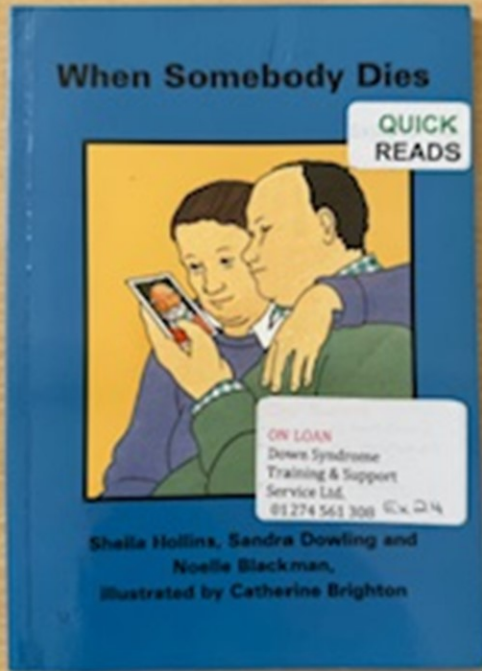


EX22: Down Syndrome - Living and Learning in the Community

Author: Lynn Nadel & Donna Rsenthal

ISBN 0-471-02201-2

This book provides information for parents and professionals to help deal with issues they may face to enable young people to fully participate in community life.



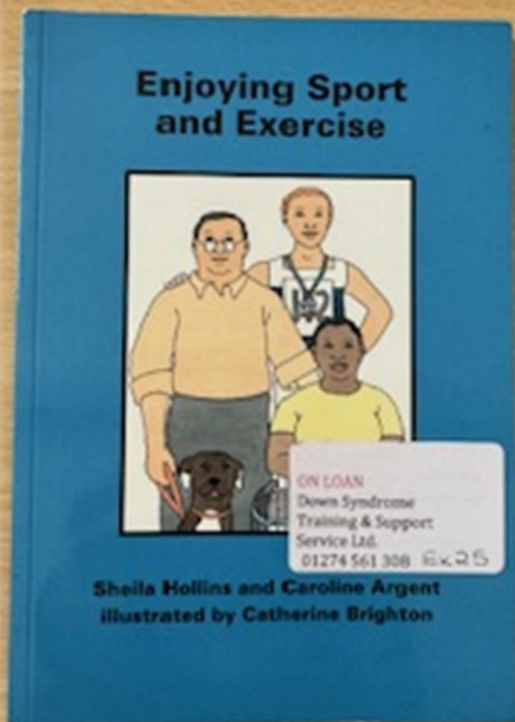
EX24: When Somebody Dies

Author: Sheila Hollins

ISBN 1-901242-90-0

A pictorial book to help explain and go through the feelings of grief experiences by everyone when they lose someone they love or are close to.

There is text at the back of the book to assist parents/careers in discussing the sensitive issue.



EX25: Enjoying Sport & Exercise

Author: Sheila Hollins & Caroline Argent

ISBN 978-1-904671-55-8

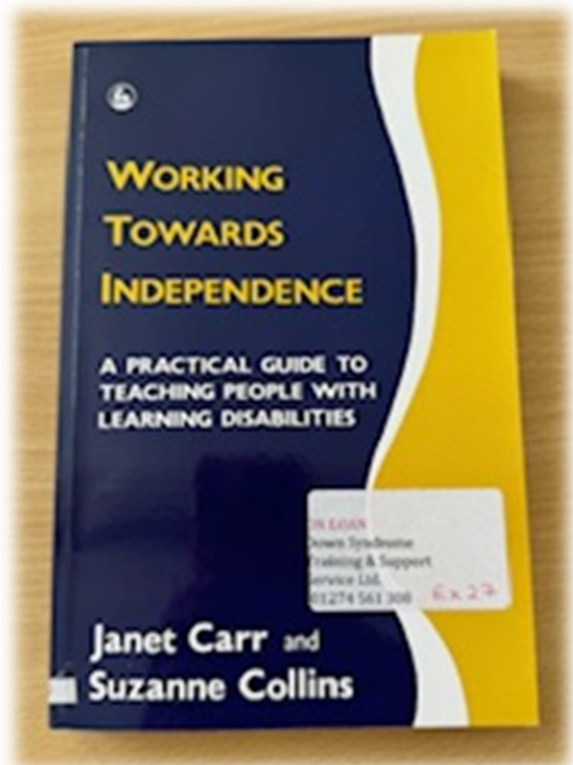
A pictorial book to explain to young people the importance of exercise and to help them find out what is available locally. There is text at the back of the book to assist careers, parents, and service providers.



EX26: Fink Cards

ISBN 978-1-909002-29-6

Resource to create conversation using prompt cards for families, schools and organisations



EX27: Working Towards Independence

Author: Janet Carr & Suzanne Collins

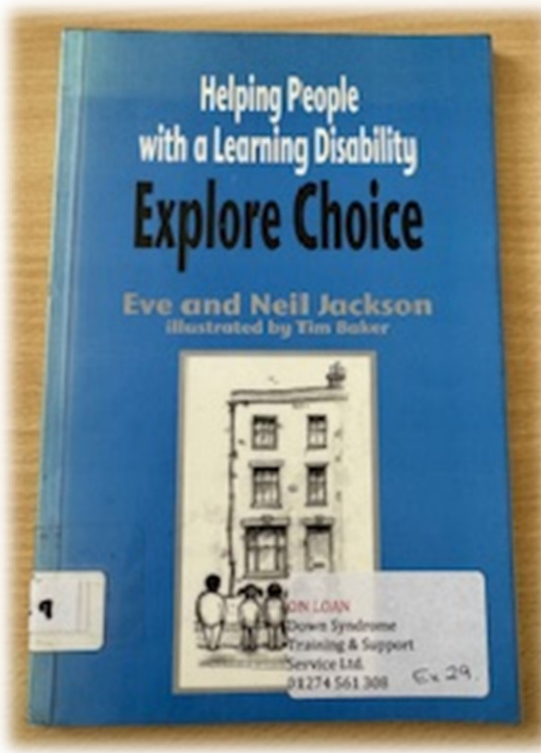
ISBN 1-85302-140-7

A practical guide to teaching people with learning disabilities



EX28: Great Expectations DVD

By Downright Special Charity



EX29: Helping People with a Learning Disability Explore Choice

Author: Eve & Neil Jackson, Illustrated by Tim Baker



EX30: Looking Up

Book by Cornwall's Down's Syndrome Support Group

ISBN 978-0-9569367-3-8



EX32: Uncut Cords

ISBN 978-0-9932857-0-7

Stories of the lives of families caring for a son or daughter with learning disabilities



EX33: The Cerebra Problem-Solving Toolkit

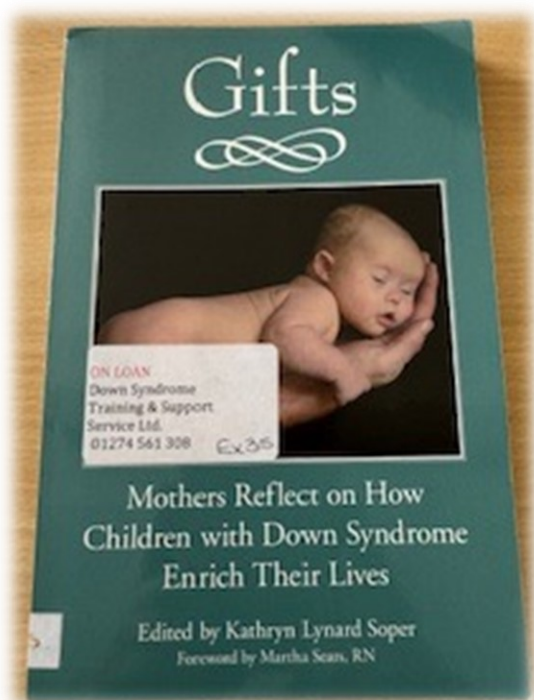
Author: Luke Clements

By the Cerebra charity at Cardiff Law School which was set up to help improve the lives of children with neurological conditions



EX34: Celebrating Our Lives/People with Down Syndrome/My Friends, My Community

3 x DSA publications



EX35: Gifts - Mothers Reflect on How Children with Down Syndrome Enrich Their Lives

Author: Kathryn Lynard Soper

ISBN 978-1-890627-85-0